

DEALING WITH THE AFTERMATH OF THE EARTHQUAKE IN CENTRAL ITALY GUIDELINES FOR INTERVENTION AND PREVENTION FOR PSYCHOLOGICAL SUPPORT WITH EMDR THERAPY

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EUROPEAN PARLIAMENT
MEETING ROOM - ASP 3F383



HOSTED BY

STEFANO MAULLU MEP (IT/EPP) - **SILVIA COSTA** MEP (IT/S&D)

WHEN THE EARTHQUAKE IS OVER, BUT NOT FOR THE MIND

Dealing with the psychological reactions

ISABEL FERNANDEZ

*Clinical Psychologist
EMDR Europe Association President*

HOW TO PROMOTE SAFETY WITH CHILDREN

Working with children and their families

LUCIA FORMENTI

*Clinical Psychologist, Trauma and Disasters
Delegate of the European Federation of
Psychologists Associations*

During the presentation, the emergency response that EMDR Italy, belonging to EMDR Europe Association has been developing in the last weeks, will be described. A high level of expertise exists to work with survivors of natural disasters such as earthquakes. Survivors that have been exposed directly or indirectly must have the right to benefit from the best specialized help available to alleviate their distress. A specialized psychological support with EMDR treatment has proven to be very effective in reducing stress reactions and helping these populations to recover and to go back to normal life. EMDR interventions facilitate the reduction of risk factors for mental and physical health, reducing sanitary costs and promoting well being.